

Necessary Steps Toward Freedom

- I. Spend Time in Prayer. Ask God for discernment.
- II. Read Psalm 51, Ephesians 6, and I Peter 5:8,9. Think and pray about the truths. Pray the armor of Ephesians 6 on yourself.
- III. Make a list of your sins. Start with your first memory. Be as complete as possible. Be honest, name the people involved, and what you did.
- IV. Spend time confessing each sin thoroughly. Ask God to have mercy on you, to forgive you, and set you free from the sin and how you “opened the door to the enemy” (Eph 4:27). (Do not overlook any way you blamed God.)
 - A. Forgive the people who have hurt you.
 - B. Make a choice to repent and then thoroughly reject any sin of commission or omission you are involved with today. Be honest about your personal relationships and neglect of family and church responsibilities. Especially deal with all the ways you may be irreverent and disrespectful of God Himself, neglect of His Word, of prayer and holy living.
- V. When you have finished the list:
 - A. Ask God if there are things for which you need to make restitution. If so then do it. (If you believe it will cause more damage — talk it out with a counselor.)
 - B. Ask God about areas in your life where you are not living responsibly. Choose to change your priorities and make the necessary adjustment.
 - C. Make a list of the people you have been involved with sinfully or with whom you have had a “hard time,” or with whom you have had a grudge.
 - D. Break spiritual relationships with each person on your list. Include your parents if living, and your spouse (because of ancestral influence). (Note: this has to do with the spiritual world. I am not telling you to stop talking or relating to some one.) Use the following prayer and renunciation.

"Heavenly Father I ask for Your help in this area of my life. In the name of the Lord Jesus Christ I cancel and break every relationship and connection established by Satan and wicked spirits between _____ (name the person involved) and myself. I break down all that work of the enemy and command all effects of that work must leave me."
 - E. When you have finished the above work -- then take the “ground” (foothold) back that you have given to the enemy. Read Ephesians 4:27. State the following renunciation with firmness and authority. (Do not do this unless you are being honest with God and choosing to surrender all to Him!)

“In the name of the Lord Jesus Christ, I announce to Satan and wicked spirits that I belong only to the True and Living God I repudiate and renounce all the ways in which I have sinned against God and opened the door to your control I take all that ground and those footholds away from you. I break down all your work in my life and family. I command you leave”

- F. Spend a few moments in prayer regarding your ancestral lines. Recognize before God, and thank Him, that you have had many Godly people in your family line who have prayed for you. Recognize also that you have had many sinful people in your ancestral line who have given a foothold to the enemy. Read Exodus 20: 4; Leviticus 26:40; Nehemiah 9:2; Daniel 9:16; I Peter 1:18. Acknowledge this truth before God by confessing their sins of unbelief, rebellion, idolatry, and cooperating with Satan.

VI. Make a choice to live according to the truth.

- A. Take time each day to read the Bible slowly and thoughtfully. Spend time in quality worship.
- B. Surrender yourself, your life, and your work completely to God -- daily.
- C. Choose to reject every sinful and negative thought. Think on Scripture verses. Sing the better hymns and worship choruses
- D. Pray a good deal about what it means to love God. Make quality choices to do so.

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