

## **Ten Suggestions: *Please do these daily.***

1. Be very serious and thorough about taking back ground and breaking relationships. Make sure all areas of the past have been "reconciled."
2. Study the Bible and pray. Accept the truth and live accordingly. Choose to believe God in spite of your feelings.
3. Fully accept the victory gained for you by the Lord Jesus Christ. Choose by faith to believe you are triumphant over the enemy and all his wicked spirits. Never give the hope that you will be delivered.
4. Be aggressive in your fight against the enemy. Use your weapons.
5. Reject aggressively all thoughts and feelings of doubt, hopelessness, failure, and inferiority.
6. Keep your mind filled with positive thoughts and affirmations. Use the last two verses of "I Will Praise Him," and such hymns as "All Hail the Power of Jesus Name." Quote important verses related to the victory of the Lord Jesus Christ.
7. Be preoccupied with the greatness and goodness of God. Satan will try to get you to believe that God is not good. Do not become preoccupied with yourself, your problems, your failures, and the enemy. Look up verses on the goodness of God and read them often.
8. Do not use your feelings and circumstances to get attention. Resist at all times the temptation to be overwhelmed with self-pity. Face the truth of yourself and your problems like a man.
9. Constantly reject all false truth, perversions of the truth, and error.

"In the name of the Lord Jesus Christ I reject all half-truths, perversions of the truth, and error which has been suggested to me by Satan and made a part of my thinking. I absolve myself from every area of cooperation with Satan whereby I have put into practice any of the half-truths, perversions of truth, and error he has suggested to me. I refuse to believe and practice these lies."

10. Use the Warfare Prayer and the Daily Affirmation each day. Believe God and His Word. Affirm by faith, with aggressive determination, that these state the truth about you now and that you will increasingly grow into a deeper understanding and practice of each truth.

Victor M. Matthews