
UNDERSTANDING OURSELVES

The Purpose of This Study: The Bible exhorts us to "take heed" to ourselves (Deut. 2:4; 4:15, 23; 11:16; Joshua 23:11; Luke 21:34); to "sanctify" ourselves (Lev. 11:44; 20:7; Joshua 3:5; 7:13); to "examine" ourselves (II Cor. 13:5); to "keep" ourselves (Jude 20). We are also reminded that when we received Jesus Christ as Savior we were given an "understanding" (I John 5:20). This "understanding" God desires to "open" (Eph. 1:18), so that we might be "filled" with "spiritual understanding" (Col. 1:9). This course is designed to cooperate with the Holy Spirit in presenting the Biblical material relevant to "understanding ourselves" so that we may be led into an experience of "spiritual understanding" and may thereby more fully love and obey the True and Living God.

Recommendation: Spend at least one-half hour a day studying the Scripture and the lesson. Pray for illumination about character defects, sins of omission and commission and giving ground to Satan. Be honest. Accept the truth and obey God. Apply the material to specific details of the daily life in the practice of faith, love and hope. Follow the suggestions of memorization and application of the Biblical principles. Expect God to transform you.

Victor M. Matthews

Study Outline: Understanding Ourselves

Lesson # 1 — The Perspective of Creation.

Lesson # 2 — The Perspective of the Fall.

Lesson # 3 — The Perspective of Revelation.

Lesson # 4 — The Perspective of Redemption.

Lesson # 5 — The Perspective of the Crucifixion.

Lesson # 6 — The Perspective of the Resurrection.

Lesson # 7 — The Perspective of the Ascension.

Lesson # 8 — The Perspective of Pentecost.

Lesson # 9 — The Perspective of Biblical Surrender.

Lesson #10 — The Perspective of the Response of Faith, Love and Hope.