

A Prayer For Times of Trial

Heavenly Father, I need Your help. I am grateful that You told Your ancient people that in all their distress You were also distressed and that You loved them with an everlasting love. I am also reminded that You said You would be a Father to those who believe in You. I do believe in You and believe that these truths apply to me today.

You are worthy of all the glory and praise that could ever be given to You. I join with Your people everywhere in recognizing that You are the true God, the Living God and the Eternal King. You are the God of Abraham, Isaac and Jacob—the God of the Bible. I worship before You. I thank You, Heavenly Father, for Who You are, for the Lord Jesus and His redeeming work, and for the Blessed Holy Spirit.

I need You very much. I come to You in my distress regarding this problem that is causing me a great deal of trouble. I am reminded that You invite those who are in trouble to come to You and You promised You would deliver them and they would be glorify You.

I thank You for Your love for me. I am glad You know my heart. You know that I want You far more than I want this problem to be solved. It is just You Lord—just You that I want. Your love and Your presence in my life are my deepest desires.

I am thankful for Your mercy and Your grace. And I come to the throne of Your grace to receive the mercy and grace that I need in regard to this time of distress.

As King Hezekiah spread out the letter from his enemies before You—I come to present my need to You. It is this distressing _____ (*Name it clearly – discouragement, depression, pain, offense, temptation, habit, fear, person, error, etc.*).

I give this problem entirely to You.

I surrender myself to You completely and specifically in regard to this problem.

I need Your guidance and help, and I promise I will do whatever You ask me to do.

If You have allowed this problem to come into my life—then I submit to You for whatever plan You have regarding it. If this problem is some attack of the enemy then I ask for Your guidance in how to resist and refuse it. I do cover myself with the belt of truth and the breastplate of righteousness. I put on my feet the shoes of peace, lift up the shield of faith, cover my head with the helmet of salvation, and take in my hand the sword of the Spirit the Word of God.

I thank You Lord Jesus, that You are my Savior, my Lord and my Deliverer. I invite You into my life and into this problem. I give it to You and ask that You would deliver me and set me free.

Whatever You desire to teach me through this time of distress—I open my heart to Your guidance, and instruction, or conviction, correction and humbling. I want You to be pleased with me and I want to live fully in Your will for my life and this problem.

I confess before You, Heavenly Father, my sinful weakness, my selfishness, and tendency to protect myself. I cannot fulfill any of these promises on my own. And, I cannot be consistent with these statements of surrender without Your help. Please come to me. Pour Your holy love into my life. Teach me to love You with all my heart, soul, mind and strength.

I thank You, Blessed Holy Spirit, for coming into the world to teach me the truth and to glorify the Lord Jesus. I need You and Your help with all the sin and error that I struggle with. Please bring me to repentance and confession in any way You see fit. Uncover the sin and error of which I am not aware. I give myself unreservedly to You. Do with me whatever You wish. Fill me with Yourself. Use me and whatever I have to honor You.

I now rest in You my Lord. I know You have heard the cry of my heart. I trust You and thank You for all of the ways You plan on helping me. I love You and want You to be honored in all I do. I ask this in the name and for the sake of the Lord Jesus, Amen.

(Text location in the order of which they occur: Isaiah 63:9; Jeremiah 31:3; 2 Corinthians 6:18; Jeremiah 10:10; Matthew 22:32; Hebrews 1:1,2; Psalm 50:15; James 4:7; Ephesians 6:10-18; Romans 11:26; Matt 22:37; John 16:12-14; Psalm 139:23,24; Ephesians 5:18; 1 John 5:14,15.)

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