

Help and Protection for the Day

Introduction

- A. One of the most difficult areas of faith and obedience has to do with how to relate to daily life. Crises may seem easier than the normal, boring, repetition of “today.”
- B. One helpful approach may be found in “taking charge” or “making choices of faith” as emphasized in the Bible. And, such an approach reminds us that we can choose how to respond to many of the areas that are under our control.

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. Prov 3,5,6

He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city. Prov 16:32 (KJV)

Like a city whose walls are broken down is a man(person) who lacks self-control.
Prov 25:28

But seek first his kingdom and his righteousness, and all these things will be given to you as well. Matt 6:33

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Cor 10:4,5

But the fruit of the Spirit is ... self-control. Gal 5:22,23

- C. Utilize the following suggestions as you consider the various factors in your life. Modify each suggestions to fit your particular situation.

I. Make a Decision of Faith Regarding Your Thinking and Thoughts

- A. Make use of the following suggestion.

In the name of the Lord Jesus Christ, I take charge of my thinking process and bring all my thoughts into subjection to the Lord Jesus and His Word.

- B. When you are aware of a demeaning thought or error in your thinking then reject it and reestablish your control.

In the name of the Lord Jesus Christ I reject that thought of _____ and bring all my thoughts into subjection to the Lord Jesus and His Word.

- C. If you have difficulty with your thought life then review the handout “Taking Charge of Your Thinking.” Separating truth from error is highly important.

II. Make a Decision of Faith Regarding Your Walk with God

In the name of the Lord Jesus Christ, I take charge of my walk with God. I surrender myself to Him, and invite Him and the work of the Holy Spirit into every aspect of my life -- particularly my problem areas. I choose to bring every aspect of my life into subjection to the Lord Jesus and His Word by daily obedience.

III. Make a Decision of Faith Regarding Your Will

In the name of the Lord Jesus Christ, I take charge of my will and bring all my choices into subjection to the Lord Jesus and His Word.

IV. Make a Decision of Faith Regarding Your Emotions

In the name of the Lord Jesus Christ, I take charge of my emotions and bring all my feelings into subjection to the Lord Jesus and His Word.

V. Make a Decision of Faith Regarding Your Body

In the name of the Lord Jesus Christ, I take charge of my body and bring all my bodily desires and functions into subjection to the Lord Jesus and His Word.

VI. Make a Decision of Faith Regarding Your Use of Time and Money

In the name of the Lord Jesus Christ, I take charge of my time and money and choose to bring every aspect of my use of my time and money into subjection to the Lord Jesus and His Word.

VII. Make a Decision of Faith Regarding Your Family

In the name of the Lord Jesus Christ, I take charge of my relationship with _____, and bring all facets of that relationship into subjection to the Lord Jesus and His Word. (Treat each person separately.)

VIII. Make a Decision of Faith Regarding Your Work

In the name of the Lord Jesus Christ, I take charge of my work and all the relationships with people that are involved. I choose by faith to bring every facets of my work into subjection to the Lord Jesus and His Word.

IX. Make a Decision of Faith Regarding Your Social Relationships

In the name of the Lord Jesus Christ, I take charge of all my social relationships and bring each person and every personal contact into subjection to the Lord Jesus and His Word. I choose to obey God

Conclusion: The above may appear too time consuming. Once you do it -- it will go quickly.

Victor Matthews