

## **Objectify Yourself – Define Who You Are**

My name is \_\_\_\_\_. I am \_\_\_\_\_ years old. I am a \_\_\_\_\_. I am a Christian and in Jesus Christ I have been blessed with all spiritual blessings (Eph. 1:3).

I am a person – a living entity. God created me as a person. He wanted me or else He would not have created me. I declare that He loves me and is pleased with me as a person. I declare I have a separate and distinct existence apart from my father, my mother, my brothers, my sisters, my husband, my wife, my children, my pastor, my church, my friends, and my work.

There is only one of me. I am a person with all the rights and privileges that relate to being a person. I have the right to make my own decisions, to be heard when I speak, to feel strongly about issues, to express my emotions, to have needs, to have my needs met, to be cared for, to develop my potential, to be responsible, to enjoy myself, to have opinions different from others, to receive help, to companionship, to be loved, to enjoy life, to privacy, to respect, and to be different from other people.

God addresses me as a person – He knows my name. He wrote my name in His book before He created the angels. He has made every provision so I may be the person He wants me to be. He wants me to live in daily fellowship with Himself.

God created me for a purpose. I can worship, obey, serve and glorify Him as I live by faith, love and hope. He created me for Himself and He makes Himself available to me for the fulfillment of His will in my daily life.

God has promised never to leave me (Heb. 13:5), He has promised to supply all my needs (Phil. 4:19), and He has promised to take everything that happens to me and work it for my good as I cooperate with Him (Rom. 8:28,29).

I affirm that I am not a victim of my past, my present, or my future. I am not a victim of my environment, my heredity, my mental ability, my body, my culture, my family, my job, my human nature, my Church, or of Satan. In Jesus Christ I have the ability to transcend the problems of my daily life.

I declare that I am a temple of the Holy Spirit and choose to be filled with Him. I invite Him, the Lord Jesus, and the Holy Father into every part of my life. I choose to be thankful and to praise God for His goodness to me. I refuse to be covetous and to be displeased with the way God leads me.

I choose to take charge of my thoughts, my emotions, my will, my body, my family, my job, my responsibilities, my time, my money, my abilities, my relationships, and in full dependence on God to bring all facets of my life into harmony with His will for me (1 Cor. 9:27; 2 Cor 10:4-6). I choose to depend upon Him for guidance.

In the name of the Lord Jesus Christ I choose to live according to the Bible. I will wear the armor He has provided for me. I will trust God and not myself. I choose to be a good witness of His grace and goodness.

Victor Matthews

