

Session IV

Spiritual Wholeness

Introduction

- A. In this fourth session: how to IMPLEMENT SPIRITUAL WHOLENESS.**
- B. Important to be very clear on one point: While decisions and actions must be considered -- implementing is not by works. God's grace is free.**
- C. Scripture: Matthew 11:28-30; Galatians 3:1-6.**
- D. The implementing is simply cooperating with God. Opening the door to the ministry of the Holy Spirit.**

I. Implementation Through Personal and Corporate Worship. John 4:23,24

- A. The Father is seeking such worshippers -- who -- in spirit and truth.**
- B. Perhaps nothing more important and more powerful -- when other areas of obedience are in place in one's life.**
- C. Worship is giving God His worth in recognition, adoration, praise, surrender, thanksgiving, and acts of love. Make it very personal.**
- D. Worship is God centered: It is speaking to -- singing to God. It is more than simply speaking about and singing about God. It is a highly personal activity.**
- E. Suggestion: Use a good worship tape as background -- or to sing along with. Recommendation: America's 25 Favorite Praise and Worship Choruses. (Brentwood Music) and LaMar Boschman A Heart of Worship (Creation House) Concentrate and avoid breaking your concentration.**
- F. Choose a time and place when you can be alone and uninterrupted. Spend enough time so you can "get into worship." Make it a daily habit.**

II. Implementation Through Reading the Bible Outloud.

- A. Utilize different translations.**
- B. Choose a time/place so you will not be interrupted and no one can hear you.**
- C. Read outloud and discuss the passages with the Lord. Talk about how to claim the promises, keep the commandments, and observe the warnings.**
- D. Ask God to "open the eyes of your heart/understanding" so you can enter into a deepening relationship of trust and worship.**

III. Implementation Through Surrender of Self, Problems, and Life to God.

- A. Follow the directions of Romans 12:1,2.**
- B. Invite the Lord into your problems. Surrender yourself and the problem or person to Him. Give yourself completely to Him and tell Him you will do whatever He asks you to do.**
- C. Surrender all facets of your life -- marriage -- family -- job -- Church -- and relationships to Him. Give up your desire and plans to control it and them.**
- D. As Him to show you what you are to do for and with Him in each of the situations. Choose to show love. Forgive those who have hurt you.**

IV. Implementation Through Affirmations.

- A. The importance of stating what we believe -- Psalms; Psalm 23; Phil 2:1-11**
- B. Monitor your emotions -- correct them by affirmations.**
- C. Utilize strong statements: "I believe ..." "I declare ..." "I affirm ..." and "I refuse ..." "I deny ..." "I reject ..." "I command ..."**
- D. Do not allow your emotions to dominate your life. Correct them by the Bible.**
- E. Make use of the creeds of the Church: Apostle's Creed; Nicene Creed, etc. Make use of the Psalms, and the better songs and choruses of the Church. Make use of the promises of the Bible. Make a list of your own or use *The Daily Affirmation*.**

Conclusion: Add to the above -- but make sure to include each of them to some degree. It will take time. God is a Person and we cannot have spiritual wholeness without giving Him rightful time and place in our daily life.

Victor Matthews