

Worship – An Essential Step Toward Spirituality

Select a quiet place where you can speak out loud without being heard. Ask God to prepare you so you can understand the Bible and to enable you to worship Him. Read the Bible slowly and thoughtfully. Meditate on the message of the passage. When you have your mind centered on God and His Word then kneel in His presence and worship Him. The following is only a suggestion of how to begin. Speak out loud to God, enlarge on many of the themes, make a practical application in your own life as well as the lives of others. Take your time and concentrate. When you have a thought that would pull you away from worship – choose to set it aside or if its important then write it down and go back to your adoration of the Lord.

Oh Lord God I worship You. I bow before You to adore You and to give You my praise. You are worthy of all the glory and honor that could ever be given to You.

I come to You only in the name and worth of the Lord Jesus Christ. I know that in myself I am not worthy of even Your most fleeting thought. I cannot understand the greatness of Your love and kindness but I worship You and thank You for this privilege of bowing before You. I love you.

I worship You – the adorable Trinity. You are the one true and living God. You are eternal, pure spirit, infinite in all Your being. I adore You because You alone are worthy of all praise, honor, and glory.

Holy Father, I worship You and thank You for Yourself. I adore You and thank You for Your holy decrees. I thank You for making the decrees of creation and bringing into existence all the angels, all the universe, all the human race, and everything good. I am overwhelmed when I think of Your wisdom, and Your power, and Your kindness in Your work.

I adore You for Your holy decrees related to permitting the fall. I acknowledge before You that I believe in Your goodness and confess that I know that You do only that which is good and right and holy.

I adore You for Your holy decrees which have to do with Your love and the great mystery of election. I acknowledge that You are sovereign in all Your ways and that You work all things after the counsel of Your own will. I thank you for having mercy upon me and for choosing me to be the recipient of Your grace. You have given everything to me when I deserved nothing. I thank You.

I adore You for Your infinite mercy which You expressed in Your holy decrees related to redemption. It is beyond my comprehension that You would love me so. I thank You for the plan of salvation, for giving the Lord Jesus to be my Redeemer. I am grateful for how You have given me everything through Him.

I adore You for Your holy decrees related to Your will. I thank You for all the fullness of the Christian Life and the privilege of serving You. The plans you have made concerning the future and the way You sovereignly reign day by day is overwhelming to me. I thank You for the comfort and peace that comes to me when I remember how great You are and the fullness of Your provision for us. Holy Father, please help me to understand more, and more how great You are and how worthy You are to be praised. My one single request is that You would be honored in my life today.

Worship (2)

Lord Jesus Christ I worship You. I acknowledge that You are worthy of all the glory, honor, and praise that could be given to You. I thank You for Yourself, Your lovingkindness, Your holiness, and that You are all truth.

I thank You Lord Jesus for the way You carried out the Father's will in creation. How wise, and powerful, and loving You are to create the angels, the universe, the human race, and every good thing. I thank You for giving me life and for creating me in Your image. I bow before You as my Creator and submit myself wholly to You and to Your authority.

Thank you Lord Jesus for choosing to come into the world to be my Redeemer. I cannot understand what it meant for You to be born into our race, but I worship You and thank You for how You humbled Yourself to become one of us. I thank you for such people as Your mother Mary, for Joseph, for Simeon and Anna, for Elizabeth and Zacharias and for their son John.

I thank You Lord Jesus for growing up as a boy in Nazareth and for supporting Your family by working in the carpenter shop. For all that it meant for You to be baptized I thank You, and for how You overcame sin and Satan in the temptation. I am grateful for how You had such compassion on people in your ministry and for how You healed them, cast out their demons, fed them, taught them the truth about Yourself, and prayed for them. You are so great, and good, and wise, and holy – I love You and worship You.

I want to thank you Lord Jesus for the way You willingly gave Yourself to suffer in my place. I am sorry for all the pain You experienced in the Garden of Gethsemane. I thank You for choosing to accept the Crucifixion when You knew what terrible suffering it would cause You.

I am sorry for the pain, sorrow, and hurt that came to You when Judas betrayed You and when You had to go through with the mockery of being arrested as a common criminal. I apologize to You for the way the disciples forsook You and the soldiers mistreated You all through that night. I am sorry for the way that Annas, and Caiaphas, and Herod, and Pilate treated You. They did not give You the respect and honor of which You are worthy. I am saddened when I think of how You were mistreated in the trials and how Peter denied You when his support would have meant so much to You.

I am sorry for the way Pilate allowed the people to place more value on Barabbas than on You and then to have You scourged. I am grieved for the way You were beaten and punished when You did not deserve it. I am also sorry for the way You were crowned with thorns and mocked by the soldiers.

I am sorry for the terrible suffering of the Crucifixion. What can I say to You for the way You were nailed to that cross in my place. I am overwhelmed with the greatness of my sin that caused You to be separated from the face and fellowship of the Father. I thank You for living through my death, and my hell on the cross. In shame I bow before You – my Lamb of God – and kiss Your feet. I give myself to You for whatever You have in mind for me.

Worship (3)

Lord Jesus I thank You for Your resurrection. How glorious You are. You have conquered sin, and death, and hell, and the world, and even Satan in Your death. I worship You for Your resurrection and the way You triumphed in coming forth from the grave. You are all glorious in Your power, and majesty, and worthy of all glory and honor. I thank You for the way You revealed Yourself to Your people after the resurrection and for the way You taught them about yourself. I thank You particularly for how You prepared the disciples for the coming of the Holy Spirit and explained to them what He would mean in their life.

I thank You for Your ascension. What a glorious moment it must have been when You were crowned the Lord of all lords and the King of all kings. How different Your coronation must have been from the crucifixion. I am filled with joy in the way You were recognized for Who You are and how You were given the glory, and honor, and praise of which You are worthy.

Lord Jesus I thank You for being my Great High Priest. Thank You for all Your prayers on my behalf. I know I am kept saved because You pray. I bow before You to worship You and to humbly ask only one request – please work with me so I may glorify You in all I do and say.

Holy Spirit of God I worship and adore You. I recognize You as the true and living God and give my life to You. Thank You for Your infinite self. I worship You. You are worthy of all the glory and honor that could ever be given to You.

Thank You, Blessed Holy Spirit for Your work. I am grateful for the way that You worked with Abraham, Isaac, Jacob, and Joseph. I thank You for the way You worked with Moses, and Aaron, and Joshua. I thank you for the grace of God that You brought into the life of David and Solomon. Thank You for the Theocracy, the ten commandments, the tabernacle and the sacrificial system of the Old Testament. Thank You for all the prophets and the message that You gave them.

Thank You, Blessed Holy Spirit, for the way You have brought conviction and regeneration to all of God's elect. How wise, and powerful, and patient You are. I thank You for the redeeming grace of God that I see in my life.

Thank You, Blessed Holy Spirit, for the way You were with the Lord Jesus in all of His earthly journey. It was You that enabled Him to be born of the virgin Mary, You cared for Him, anointed Him for His service, and gave Him the wisdom and ability to perform His miracles. I want to thank You Holy Spirit for the way You sustained Him in those dark hours that led up to the Crucifixion. In particular I thank You for the enablement You gave to the Savior so He could live through ay hell and death in those six hours on the cross.

Thank You, Blessed Holy Spirit, for the way You came on the Day of Pentecost. Thank You for bringing the Church into existence. I am grateful for all it means to have been baptized into the Body of Jesus Christ the Church. Thank You for making me Your temple. Please help me to understand what it means to belong to You in this way. Work with me so I may be filled with all Your fullness and bring You the honor You deserve.

Worship (4)

Almighty God, I worship You for Who You are and for all Your glorious work. I thank You for Your Word. I am grateful for the Church and the fellowship You have given me with other believers. I thank You for the enablement You have given me so I can believe You, love You, and put my hope in You. I thank You for the gifts You have given me to serve You.

Oh Heavenly Father, please work with me so I may honor You in all I do and say today. Help me to have a Biblical attitude. Enable me to understand if any of my priorities and goals are out of harmony with Your will.

In total dependence on You I refuse to live as a bitter and critical person. I reject by faith everything that keeps me from having Your joy in my life. I affirm before You that You have given me the fullness of Your joy at the time of salvation. I choose to practice the joy I have – by faith. Thank You for making such a wonderful provision for me.

I surrender myself to You, Heavenly Father, and to all the crucifixion should mean in my life. I claim by faith all that the resurrection, the ascension, and the day of Pentecost should mean to me. Please teach me to live in the fullness of Your grace.

In particular I thank You for the Holy Scripture. What a treasure You have given me. I accept Your Word as *my* final authority. I surrender myself to You on the basis of what You have written to me. My goal today is to honor You in obeying Your Word. Please keep me from being dishonest with You.

My one desire for this day is that You, Heavenly Father, would be glorified in my life – grant it dear Lord – in the Name of the Lord Jesus Christ.
Amen.